

### WEEKLY NEWSLETTER

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A few days ago, a terrible attack happened in Pahalgam, where many innocent people were hurt. India blamed Pakistan without proof, but Pakistan firmly denied any role and asked for a fair investigation. Instead of rushing to blame, Pakistan has called for peace and understanding. The Pakistan Army, known for its bravery and discipline, has always protected the country with great courage. They work day and night to keep the borders safe and ensure that the people of Pakistan can live in peace. Even in tough times, they stand strong, not with hate, but with the hope for peace.

Children should learn that being strong doesn't always mean fighting, sometimes it means staying calm, helping others, and choosing what's right, even when it's hard. Pakistan believes in peace, and its brave soldiers show the world that true strength comes with responsibility.





## COLLEGE ADMISSIONS STARTING 28TH APRIL 2025

We are pleased to announce that college admissions on the basis of a **Hope Certificate will be open from 28th April 2025**. Students wishing to apply are requested to prepare their documents accordingly.

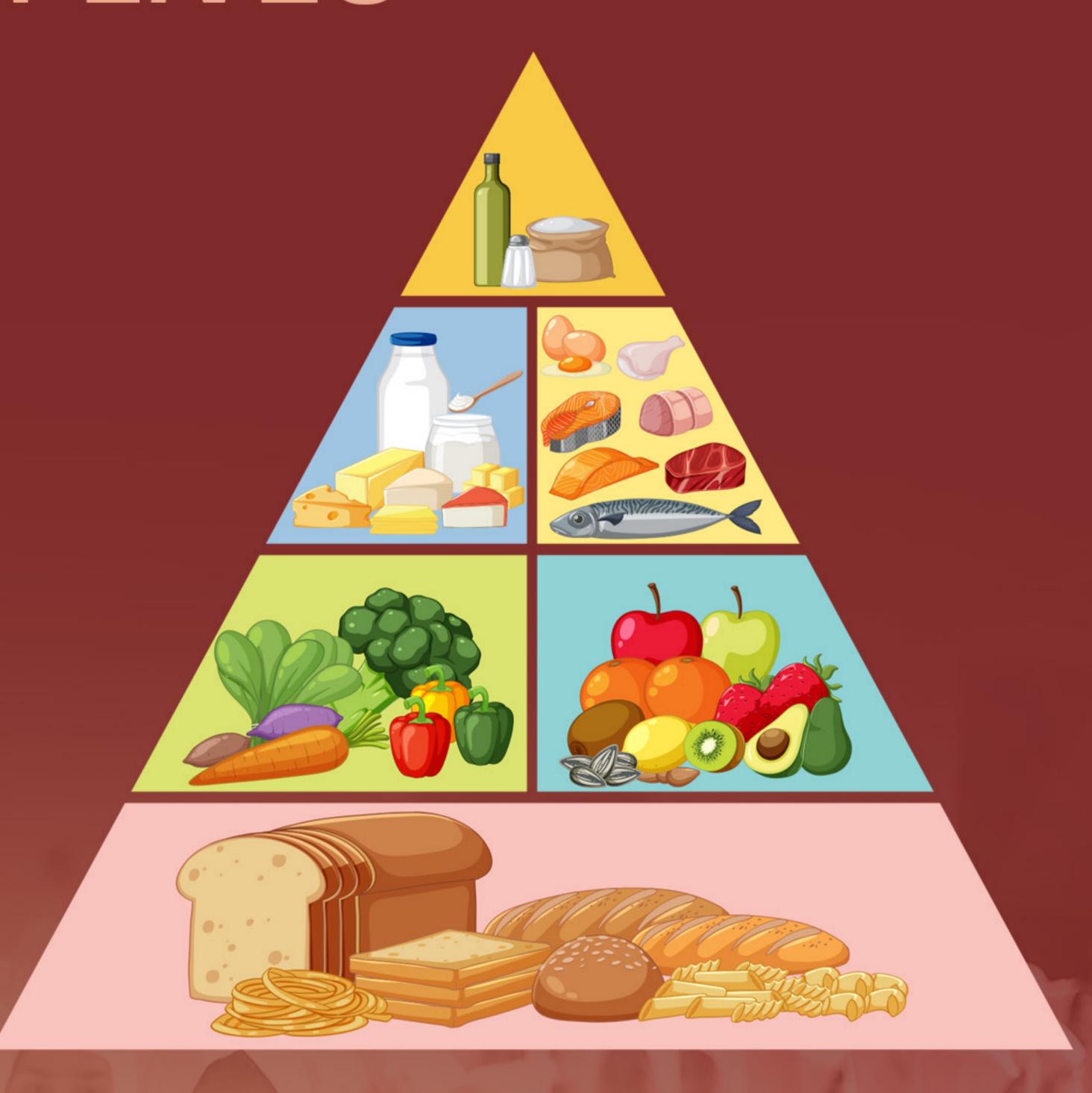
Further details and guidelines regarding the admission process will be provided by the administration office.

We look forward to welcoming our future college students!



### BUILDING STRONG MINDS AND HEALTHY LIVES

Along with learning, healthy habits are very important for students. Eating nutritious food like fruits, vegetables, and dairy products gives energy for the whole day. Getting enough sleep, at least 8 to 10 hours a night helps the brain stay fresh and ready to learn new things. Playing outside, exercising, and spending time in nature help children stay physically active and reduce stress.



Taking regular breaks while studying, practicing deep breathing, and staying organized also improve focus and mental health. **Drinking plenty of water and avoiding junk food** keeps the body strong and alert. Schools and parents should work together to teach children that taking care of their body and mind is just as important as doing well in exams. **When students build healthy habits early, they not only perform better in school** but also grow into happy, confident, and successful adults.



### COMMENCEMENT OF REGULAR CLASSES

We are pleased to inform you that the commencement of regular classes for Class 10th has begun from Monday, 28th April. All students are expected to attend regularly and be fully prepared for the upcoming academic activities.

We wish all our students a year filled with hard work, success, and new achievements. May this academic journey bring growth, confidence, and excellence for each one of you





# BEST OF LUCK TO COLLEGE STUDENTS PRIOR TO THEIR EXAMS

As you embark on your college exams, we wish you all the best of luck! Stay confident, trust in your hard work, and give it your best shot. We believe in your abilities and are proud of everything you've accomplished so far.

Good luck, and may success be with you!





### A DAY AT THE ZOO PRESCHOOL ADVENTURE

We are excited to inform you that our preschool students will be going on an educational trip to the DHA Zoo in Quetta. This fun and informative visit will give children the opportunity to explore and learn about different animals in a safe and friendly environment.

We look forward to a joyful and memorable experience for our little learners!





#### GETREADY - FITNESS CLASSES STARTING SOON



We are excited to announce that registration for fitness classes has started from 28th April.

Students interested in joining are encouraged to register as soon as possible. The fitness classes will **officially begin in the first** week of May.

Stay active, stay healthy!





## MR. ASAD ULLAH BAIG JOINS AS COLLEGE COORDINATOR

We are pleased to announce that Mr. Asad ullah baig has been appointed as the **new Coordinator for college section**. We are confident that his experience, dedication, and leadership will greatly contribute to the continued success of our college.

Please join us in welcoming Mr. Asad ullah baig to his new role. We look forward to achieving new milestones under his guidance!



### MEET OUR HIGHLY TRAINED FACULTY

Our college takes great pride in its highly trained and professional faculty. Each member of our teaching staff brings strong academic backgrounds, years of experience, and a deep commitment to student success. They not only deliver quality education but also mentor and guide students with dedication and care.

Through their expertise and passion for teaching, our faculty ensures that students receive the best learning environment, preparing them for a bright and successful future.