



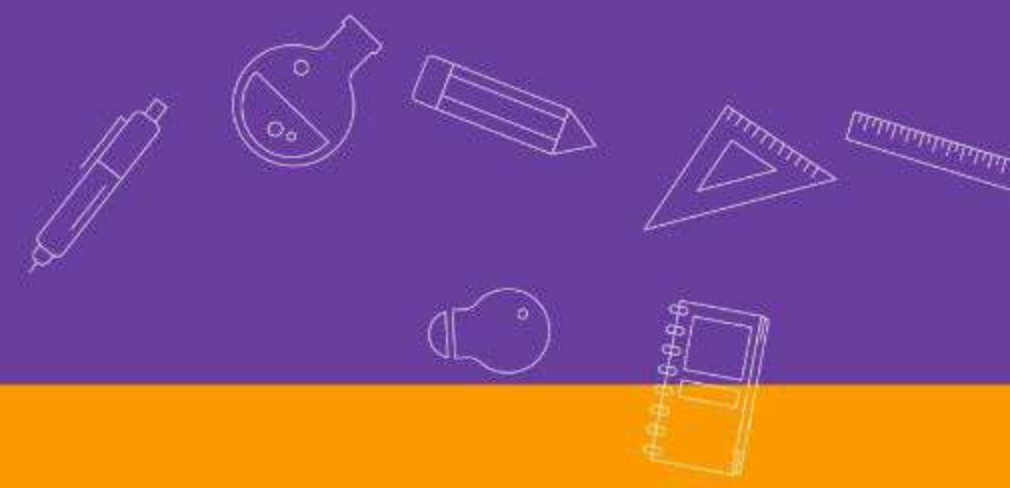
Leaders' Odyssey
School & College

WEEKLY NEWSLETTER

SEPTEMBER 1ST, 2026

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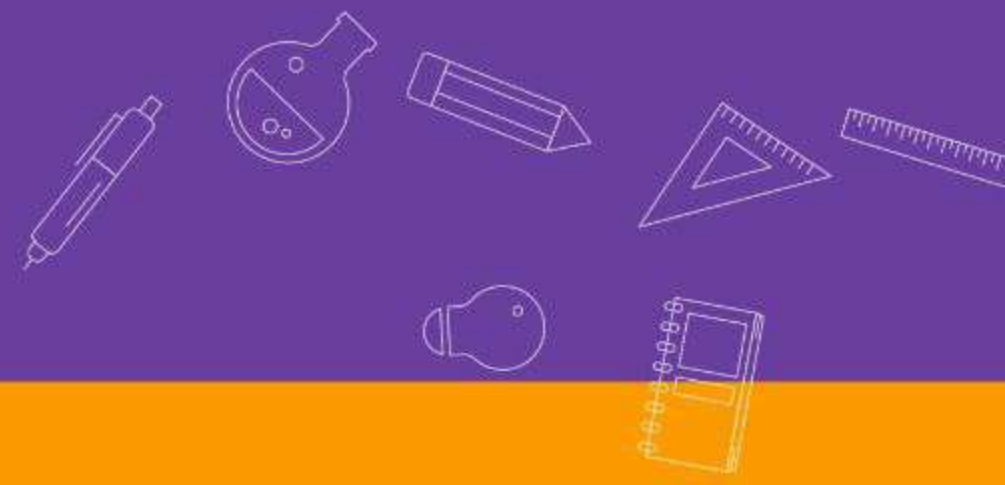


HEALTHY HABITS, HEALTHIER STUDENTS

Healthy habits are an important part of a student's personal development. Under the Student Assessment Policy (SAP), students are expected to maintain good personal hygiene, cleanliness and healthy daily habits.

Students should come to school clean, well groomed and properly prepared for the day. Simple habits such as washing hands regularly, maintaining personal hygiene, keeping uniforms clean and taking care of one's health contribute towards a healthier and more disciplined school environment.





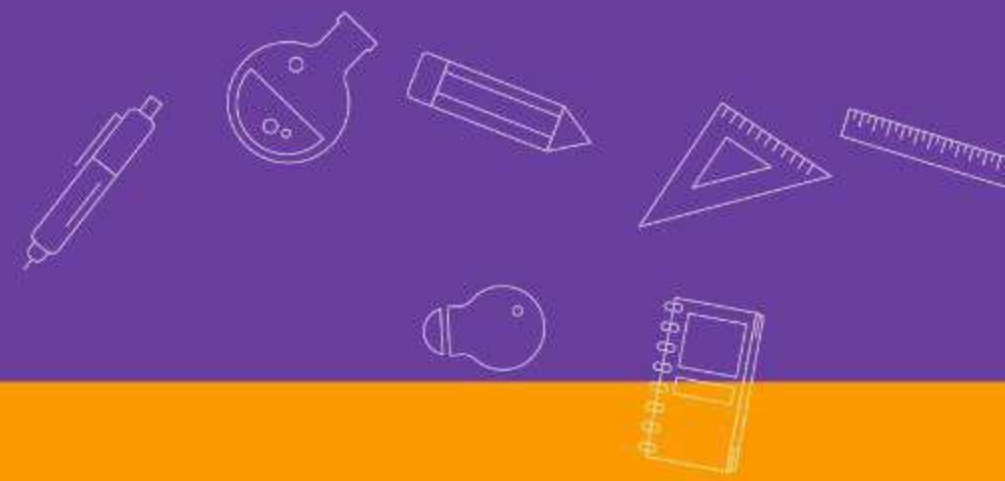
EXAMINATION RULES: DISCIPLINE IN EVERY ANSWER

Examinations are an opportunity for students to demonstrate what they have learned throughout the term. Students are therefore expected to follow all examination rules and instructions carefully.

Students must bring the required stationery and examination materials and remain seated according to the instructions given by the examination staff. Any form of cheating, communication during the examination or use of unauthorised material will be dealt with according to school policy.

A disciplined examination environment ensures fairness for everyone. Students are encouraged to rely on their own preparation, remain confident and give their best effort honestly.





EXAM TIMINGS: BE PREPARED, BE PUNCTUAL

Students and parents are reminded to carefully follow the examination timings communicated by the school. Students should arrive at school well before the scheduled examination time so that they can settle down and prepare themselves calmly.

Punctuality is especially important during examinations. Arriving late can create unnecessary stress and may affect a student's ability to begin the paper with confidence.





SCHOOL APP: EVERYTHING YOU NEED, RIGHT AT YOUR FINGERTIPS

The School App provides parents and students with convenient access to important academic and administrative information. Through the app, parents can monitor student attendance, homework, case register records, leave requests, fee vouchers, SAP records and assessment results, among other important updates.

The app has been introduced to make communication between the school and parents more efficient and transparent. Instead of relying only on physical communication, parents can regularly stay informed about their child's academic progress, attendance and school record.

Parents are strongly requested to make full use of this facility and check the School App regularly. Staying connected with the school helps parents remain aware of their child's progress and respond promptly whenever attention is required.





SHINING STAR: EXCELLENCE BEYOND THE CLASSROOM

The Shining Star recognition is reserved for students who demonstrate excellence across different areas of school life. Academic performance alone is not the only measure. A Shining Star is expected to maintain outstanding standards in academics, attendance, SAP performance and participation in curricular activities.

Students considered for this recognition should demonstrate 100% attendance, excellent performance in all SAP areas and active participation in curriculum related activities. The aim is to recognise students who consistently show commitment, discipline and enthusiasm.

Every student has the opportunity to work towards becoming a Shining Star. Excellence is built through consistent effort, responsible behaviour and a willingness to participate and improve.



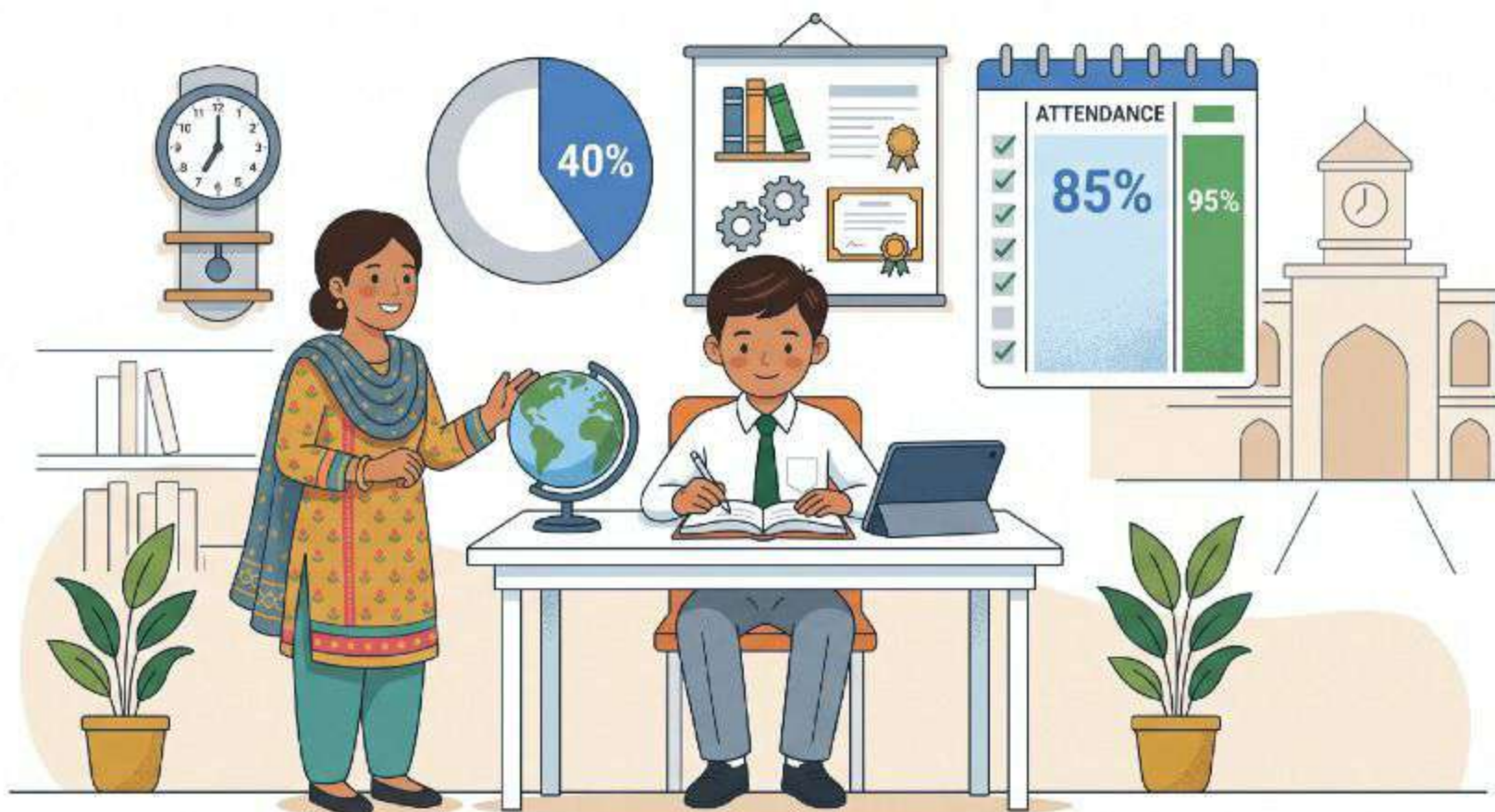


KNOW THE STANDARD: 40% PASSING AND 85% ATTENDANCE

The minimum passing criterion is 40%. Students are expected to work consistently throughout the term rather than depending solely on preparation immediately before examinations.

In addition, 85% attendance is compulsory. Regular attendance plays an important role in academic success because students benefit from classroom teaching, activities, discussions and continuous assessment.

Students and parents are therefore encouraged to take both academic performance and attendance seriously and ensure that school routines are followed consistently.





PRE CAMPUS PTM: BUILDING STRONGER PARTNERSHIPS

The 2nd Parent Teacher Meeting for Pre Nursery to KGs provided an opportunity for parents and teachers to discuss the progress and development of our youngest learners. The interaction allowed parents to receive feedback about classroom participation, learning and overall development.

We appreciate the participation and cooperation of parents during the PTM. Regular communication between home and school is particularly important during the early years, when children are developing their first academic and social habits.





COLLEGE WELCOME PARTY: A WARM START TO A NEW CHAPTER

The College Welcome Party provided our college students with an opportunity to begin the new academic journey in a positive and welcoming environment. The event brought students together and created an atmosphere of interaction, confidence and camaraderie.

We appreciate the efforts of everyone who contributed towards making the event successful. Such activities help students become more comfortable in their new academic environment while strengthening relationships within the college community.





SAFA TEAM VISIT: LEARNING THROUGH INTERACTION

The visit by the SAFA Team provided our students with an opportunity for meaningful interaction and exposure beyond their regular classroom routine. Such visits allow students to learn through direct engagement and develop a broader understanding of opportunities and experiences outside their everyday academic environment.

We appreciate the efforts of the visiting team and everyone involved in arranging the interaction. Experiences of this nature can encourage students to remain curious, confident and open to learning from different people and perspectives.





FEE POLICY: CLEAR PROCEDURES, SMOOTH OPERATIONS

The school's fee policy must be followed in full. Parents and guardians are requested to ensure that fee payments are made according to the prescribed schedule and that all relevant procedures are completed within the specified time.

For the month of September, fee vouchers have been extended. Parents are requested to take note of the revised arrangement and ensure that payments are made within the extended period.

Following the fee policy on time helps the school maintain smooth academic and administrative operations. We appreciate the continued cooperation of parents in ensuring that all fee related responsibilities are completed properly and within the applicable deadlines.





OUR SPORTS MENTORS: BUILDING STRENGTH BEYOND THE CLASSROOM

Our sports department is strengthened by the expertise of Mr. Gulraiz, Mr. Hamid, Mr. Yahya and Ms. Rozi, who bring experience as provincial and national level players in martial arts, fencing and various other sporting disciplines.

Their dedication goes beyond teaching individual sports. Through regular training and physical activities, they help our students develop strength, fitness, discipline, confidence and teamwork. Their efforts play an important role in keeping our students physically active and encouraging them to discover their potential in sports.



Mr. Gulraiz



Mr. Yahya



Ms. Rozi Bakht



Mr. Hameed



SPORTS ACHIEVEMENT - MR. GULRAIZ AHMED



SPORTS ACHIEVEMENT - Mr. GULRAIZ AHMED

Karate • Judo • Ring Ball

GOLD MEDAL ACHIEVEMENTS (2011)

W.S.K.F Championship - Gold Medal (2012)

National Championships — Gold Medal (2013)

National Junior Championships — Gold Medal (2016)

14th Balochistan Mini Olympics — 2 Gold Medals (2017)

Pakistan Sports Board – Quaid-e-Azam All Games — Gold Medal (2018)

Inter-Professional Karate Championship — 2 Gold Medals

1st All Balochistan Ms. Nargis Girls & Boys Karate Championship — Gold Medal

Balochistan Sports Promotion & Culture Society — 2 Gold Medals

Judo Championships — 2 Gold Medals

Balochistan Judo Association — 2 Gold Medals

Golden Cup Karate Championship, Sahiwal — Gold Medal (2019)

Inter-Department Railway Championship — 2 Gold Medals (2020)

Inter-Department Championship — 2 Gold Medals (2021)

Inter-Department Championship — 2 Gold Medals (2022)

Golden Brothers Championship — 2 Gold Medals

Inter-Department Championship — 2 Gold Medals (2023)

Inter-Department Championship — 2 Gold Medals

Inter-Department Championship — 2 Gold Medals (2024)

Inter-Department Championship — 2 Gold Medals (2025)

3 Golden Brothers Open Karate League — Gold Medal

Best Scorer 2026

Inter-Department Championship — 2 Gold Medals

SILVER MEDAL ACHIEVEMENTS (2015)

23rd National Karate Championships — Silver Medal (2019)

National Games, Peshawar — 2 Medals (2020)

Balochistan Sports Control Board — Silver Medal (2021)

Balochistan Judo Association — Silver Medal (2025)

Ring Ball Championship — Silver Medal

BRONZE MEDAL ACHIEVEMENTS (2023)

All Balochistan Youth Hope — Bronze Medal (2025)

35th National Games, Karachi — 2 Bronze Medals

3 Golden Brothers Open Karate League — Bronze Medal

SPECIAL RECOGNITIONS

Best Scorer

3 Golden Brothers Open Karate League — 2025

Best Tournament Player

3 Golden Brothers Open Karate League — 2025

Provincial-Level Ring Ball Achievement (2026)

Pakistan Day / 23rd March Championship — 2 Gold Medals

Kashmir Day Championship — 2 Gold Medals

OVERALL MEDAL RECORD

Medal Category

Total

Gold Medals 40

Silver Medals 16

Bronze Medals 8

Total Medals 64





SPORTS ACHIEVEMENT - MR. HAMEED



1. Inter-district karate championship 2003 (gold)
2. All Balochistan karate championship 2005 (Gold)
3. Attend Pakistan karate camp 2007
4. Interprovincial judo championship 2008 (silver) PSB
5. All Balochistan Independence day judo championship 2009 (gold)
6. Mini olympic games 2010 (gold + bronze in team fight)
7. National championship 2010 (silver)
8. In 2010, participated in the PCB Inter-District event representing Wahdat National Cricket Club.
9. All Balochistan sports festival 2014 (bronze + gold in team fight)
10. 5th junior & 24th senior Judo national championship Peshawar 2015
11. In BCL 2013, along with five time Man of the Match awards.
12. In BCL 2014, won the trophy along with 3 time Man of the Match awards
13. 24th National Karate Championship 2016 (Lahore): silver + bronze
14. Won the gold medal at the 1st Quaid-e-Azam Games 2016 held in Islamabad.
15. Won the bronze medal at the 2nd Quaid-e-Azam games 2017 held in Islamabad
16. Management Official & Team Coach – 41 Div Army Inter-Unit Championship 2017
17. Official Management & Team Coach – 33 Div Army Inter-Unit Championship 2018
18. Best Player Award Presented by Deputy Speaker Qasim Suri (2018) National Championship
19. Head Coach, Balochistan Team – National Games 2019 (Peshawar)
20. Head Coach, Balochistan Team – National Championship 2019 (Islamabad)
21. Head Coach, Sindh-Balochistan Women's Judo Championship (2020)
22. Head Coach (SBK Women's University) & Organizing Committee Member – HEC Inter-University Judo Championship 2018
23. Head Coach (Balochistan) & Organizing Committee Member – Diamond Jubilee Judo Championship (2021) | Awarded Special Recognition by Pakistan Judo Federation for Outstanding Performance
24. Role & Achievement Summary
Position: Chief Referee, Balochistan Judo Association
Tenure: 2014 – 2021
Key Milestone: Successfully organized 13 to 14 **All Balochistan** Judo events, setting a landmark regional record.
25. Secured the Gold Medal at the All Balochistan Ringball Sports Board Event on March 23, 2026, demonstrating exceptional athletic excellence and sportsmanship.
26. Secured the Silver Medal in the All Balochistan Ringball Tournament on Independence Day, August 14, 2026.





SPORTS ACHIEVEMENT - MS. ROZI BAKHT

Rozi Bakht

Sports: Women's Football, Fencing, Rugby

Teams:

- Balochistan Women's Football Team — Senior Player
- Balochistan Fencing Association
- Balochistan Rugby Association

Hometown: Quetta, Balochistan, Pakistan

Career Start: 2012

Career Highlights

1. Football

- **2012:** Women's National Championship, Karachi
- **2014:** National Championship, Islamabad
- **2016:** National Championship, Islamabad
- **2016:** Balochistan Sports Festival, Quetta
- **23rd–26th April 2016:** 1st Quaid-e-Azam Championship, Islamabad
- **2017:** 2nd Quaid-e-Azam Championship, Islamabad
- **14th August 2017:** Azadi Celebration, Govt Girls Degree College, Quetta Cantt
- **16th–25th October 2018:** PFF Women's Football Championship, Lahore
- **21st–25th November 2019:** Girls Intercollege Sports Festival, Ayub Stadium, Quetta
- **21st–22nd February 2020:** Watersports Extravaganza Futsal Tournament, Gadani
- **2020:** 14th August Independence Day Sports & Youth Festival, Govt of Balochistan
- **3rd–9th April 2021:** PFF Women's Football Championship, Karachi
- **December 2021:** Winter Sports Gala — 1st Inter Club Women's Football Tournament, Quetta

Profile

Rozi Bakht is a senior athlete from Quetta, Balochistan, and one of the most versatile female sports personalities in the province. She began her sports journey in 2012 with football and has since represented Balochistan and Pakistan in football, fencing, karate, and rugby.

Starting fencing in 2018 and rugby in 2019, she has become a national and international medalist across combat and team sports. Her dedication has made her a role model for young girls in Balochistan to pursue multiple disciplines.

2. Fencing — Balochistan Fencing Association

- **Started:** 2018
- ***National Silver Medalist*:** Fencing Championship, Lahore, Punjab
- ***International Bronze Medalist*:** Fencing
- ***Multiple Medalist*:** Won several Gold, Silver, and Bronze medals in national fencing competitions
- ***Participations*:** National Championship of Fencing, Sindh vs Balochistan Friendly Matches, and other national events

3. Karate

- **International Bronze Medalist*:** IKD Karate, 2019

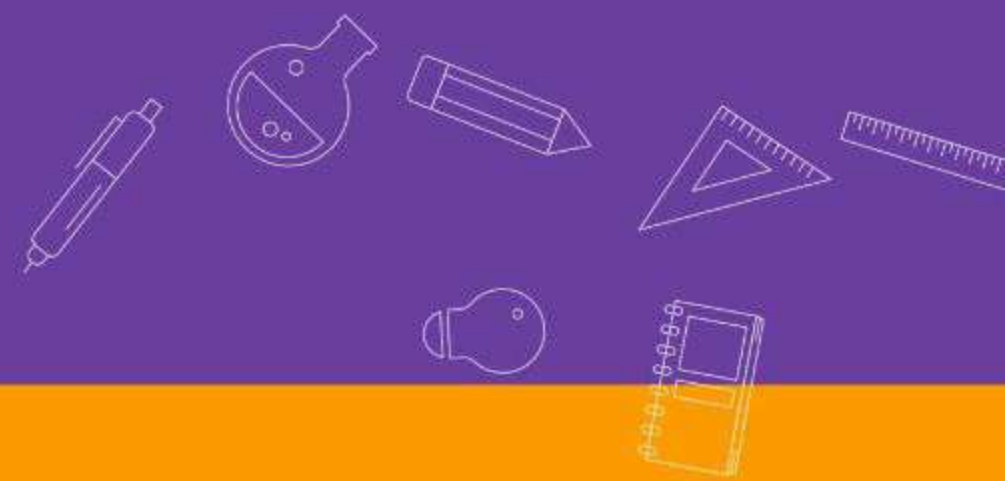
4. Rugby — Balochistan Rugby Association

- **National Rugby Championship:** 2019
- **National Rugby Championship:** 2023
- **National Rugby Championship:** 2025
- **National Rugby Championship:** 2026, Lahore

Summary

From football grounds to fencing strips, karate mats to rugby fields, Rozi Bakht has carried the flag of Balochistan since 2012. With national and international medals in fencing and karate, and 4 consecutive national rugby appearances, she stands as one of Balochistan's most experienced and inspiring multi-sport women athletes.





SPORTS ACHIEVEMENT - MR. YAHYA

A highly accomplished sports professional, with extensive experience representing Balochistan at District, Provincial, National, and Interprovincial levels in Karate, Judo, Cricket, and Ringball.

The sporting journey began with Karate, securing Gold at the Inter-District Karate Championship in 2003 and the All Balochistan Karate Championship in 2005, followed by participation in the Pakistan Karate Camp in 2007. In Judo, Silver was secured at the Interprovincial Judo Championship in 2008, followed by Gold at the All Balochistan Independence Day Judo Championship in 2009.

The year 2010 brought further success, with Gold and Bronze medals at the Mini Olympic Games and Silver at the National Championship. The same year also marked participation in the PCB Inter-District event, representing Wahdat National Cricket Club.

In cricket, BCL 2013 brought five Man of the Match awards, followed by winning the BCL 2014 trophy along with three Man of the Match awards.

Further achievements include medals at the All Balochistan Sports Festival 2014, the 5th Junior & 24th Senior Judo National Championship 2015, and the 24th National Karate Championship 2016 in Lahore. Gold was also secured at the 1st Quaid-e-Azam Games 2016, followed by Bronze at the 2nd Quaid-e-Azam Games 2017.

Beyond competition, extensive experience has been gained in coaching, management, refereeing, and sports administration. Served as Management Official and Team Coach for the 41 Division and 33 Division Army Inter-Unit Championships in 2017 and 2018, and as Head Coach of the Balochistan Team at the National Games 2019 in Peshawar and National Championship 2019 in Islamabad.

Also served as Head Coach for the Sindh-Balochistan Women's Judo Championship 2020 and as Head Coach and Organizing Committee Member for HEC Inter-University Judo Championship 2018.

From 2014 to 2021, served as Chief Referee of the Balochistan Judo Association, successfully organizing 13–14 All Balochistan Judo events and contributing significantly to the development of regional sports. Special Recognition was awarded by the Pakistan Judo Federation for Outstanding Performance at the Diamond Jubilee Judo Championship 2021.

Most recently, Gold was secured at the All Balochistan Ringball Sports Board Event on March 23, 2026, followed by Silver at the All Balochistan Ringball Tournament on August 14, 2026.

A journey defined by sporting excellence, leadership, coaching, and an enduring commitment to the development of sports.